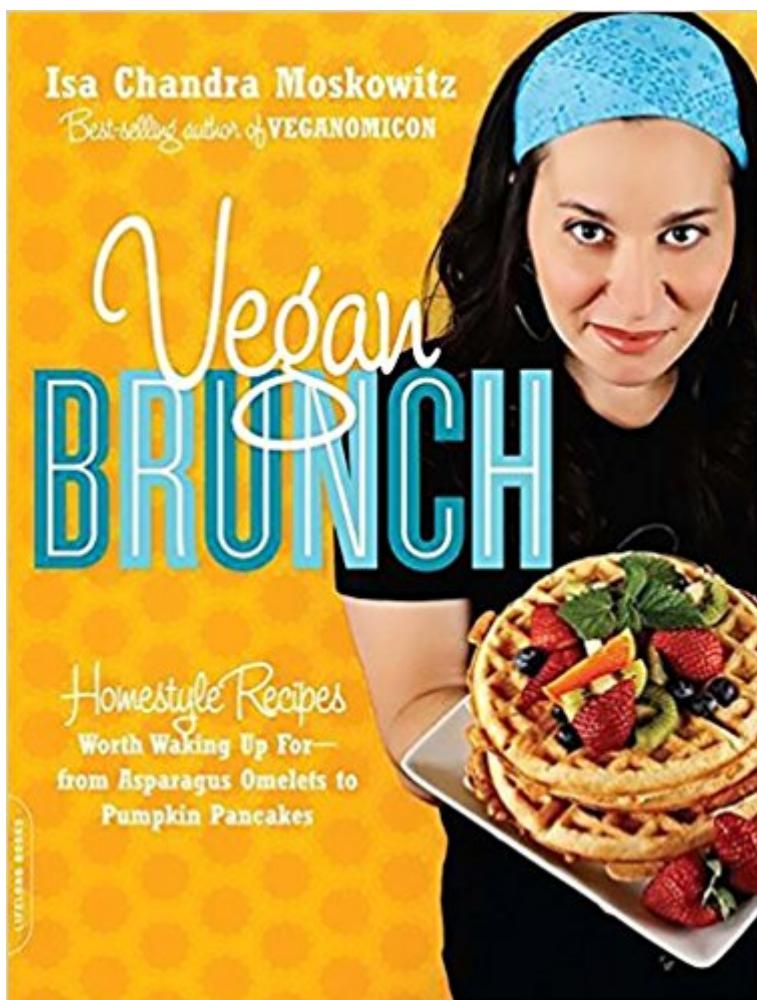


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# Vegan Brunch: Homestyle Recipes Worth Waking Up For--From Asparagus Omelets To Pumpkin Pancakes



## Synopsis

Omelets. French toast. Bacon. Brunch has always been about comfort, calories; and for vegans everywhere, a feast of foods they can't touch. Until now! Bestselling vegan chef Isa Chandra Moskowitz unleashes her signature flair and ingenuity to give readers breakfast they won't find anywhere else, whether welcoming you from a late night on the town or waking you up for a meal you won't want to forget. Recipes range from the classic (Pancakes and Waffles) to the inspired (Banana Rabanada) to the decadent (Pain au Chocolat) to the essential (Bloody Marys). The book also includes gluten-free and soy-free recipes. With over 75 recipes suitable for one or to wow a crowd, and gorgeous color photos throughout, Vegan Brunch is the ultimate cookbook for the most important meal of the day.

## Book Information

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## Customer Reviews

The New York Times, 5/28/09; The vegan chef reframes breakfast for those for whom bacon, eggs, and cream cheese are verboten. Bust, June/July 2009 My favorite vegan recipes are the ones that are effortlessly able to slip into social gatherings of omnivores, earning oohs and ahhs for their sheer yumminess; Nobody is better at writing recipes like these than Isa Chandra Moskowitz. Huffington Post.com, 5/27/09 Brings that excitement I've been craving along with a big helping of creativity; There is something for every cooking ability and every taste. SuperVegan.com Isa Chandra Moskowitz has done it again: amused, enlightened, and fed us with the sassy and scrumptious recipes in her second solo cookbook, Vegan Brunch. Bergen County Record, 6/1/09 Moskowitz isn't

whipping up your grandmother's Sunday brunch in her newest cookbook. Even carnivores will appreciate the complex flavors of these vegan sausages. [VegNews](#), July/August 2009; Moskowitz injects all her recipes with her usual sass and humor, and one leaf through Vegan Brunch will leave you with reasons and recipes galore to host a weekend food-party. "Hippo Press, 6/9/09; Move over Veganomicon! You've been replaced by little sister. Vegan Brunch does for breakfast what Veganomicon did for, well, everything else. [VegCooking.com](#), 7/29/09; Vegan Brunch is full of revamped classics that are now served with a major twist. From Chocolate Beer Waffles to Samosa Smashed Potatoes, the book is full of recipes that will make the perfect meal to wake up to or even end the night with! [Suite101.com](#), 10/14; Moskowitz offers tons of variations and tips on how to get your brunch on without too much fuss. [VegSource.com](#), 11/9/09; I tried to find a bad recipe in this book, I really did. I couldn't even find a mediocre one. The only problem with Vegan Brunch is that there are too many fabulous recipes and not enough time to make or eat them all! But be forewarned: You will likely find yourself eating brunch all day long, too. [Jewish Journal](#), 11/17/09; If you want great recipes that look fancy, but are simple and go with everything (both meat and dairy meals), then pick up a copy of Vegan Brunch. You'll find yourself brunching any time of day. The directions and ingredient lists are simple, with great photos to go along with the recipes. [\[T\]here are plenty of recipes that work no matter who you're cooking for.](#) [Library Journal](#), 6/15/09; Sure to be in demand by Moskowitz's ardent fans and devotees of vegan cuisine. "TheDailyGreen.com; Moskowitz transforms a meal that usually revolves around bacon and eggs into a vegan-friendly feast. [Norwichbulletin.com & Hollandsentinel.com](#); Moskowitz unleashes her signature flair and ingenuity to give readers breakfast they won't find anywhere else. [Daily Southtown](#), 7/2/09; Bestselling vegan chef Isa Chandra Moskowitz unleashes her signature flair and ingenuity to give readers breakfast they won't find anywhere else. [Epicurious.com](#), 7/16/09; This book is full of sweet and savory recipes such as Curried Cauliflower Frittata and Lemon Cashew-Stuffed Crepes with Whole Berry Sauce, ensuring that brunch, or any other meal, will be really satisfying. [Seattle Times](#), 7/14/09; Vegan Brunch would be at home in any kitchen. Lusciously photographed home-style dishes like Cherry Sage Sausages and Brazilian French Toast require minimal prep time and few ingredients. [Veg Family](#), August 2009

Isa Chandra Moskowitz is America's most popular vegan chef. The author of several

bestselling cookbooks, her work has been featured in countless print and on-line publications. A longtime Brooklyn resident, she now lives in Portland, Oregon. [www.theppk.com](http://www.theppk.com)

I found this to be a very pleasing cookbook. The vast majority of the recipes can be made with items from a well-stocked pantry or even a local supermarket. (Some vegan cookbooks have you all over the place, with some ingredients being obscure even on the Internet.) The recipes are so easy! This is my 3rd book by Isa Chandra and I find her witty commentary about food so entertaining. I will admit that I have only made the peanut butter waffles so far, but I've only had it since Tuesday and today is Thursday. They were wonderful! They were like having big and fluffy peanut butter cookies for breakfast. Can you get any more indulgent than that? Yummy!

The first vegan cookbook I ever bought as Vegan with a Vengeance I have used it so much over the years that it is stained with food and worn to pieces. Over the years I picked up Vegan Cupcakes Take Over the World which I loved and actually used 2 of the cupcake recipes for my wedding cupcakes. Then I was given a copy of Veganomicon by my loving husband for Christmas 2007 - I honestly haven't used this book as much as VWAV & VCTOTW and was actually disappointed with it compared to Isa's two earlier books. However Isa Chandra Moskowitz has redeemed herself with Vegan Brunch which features a number of great vegan brunch recipes. Vegan Brunch features savory recipes such as tofu scramble, frittatas, polenta ranchers, Tofu Benny and perogies. Of the savory dishes I tried the tofu scramble which was delicious, the texture was almost creamy which I loved and really had the texture of scrambled eggs (or at least what I remember-it's been awhile). I also made the Cornbread Waffles which I loved because some days you just don't want to have a sweet waffle and this was a great savory waffle. Lastly I made the Tofu Benny which I loved! The hollandaise was delicious and the Diner Homefries were nice and crispy. To be honest I have yet to try any of the sweet brunch options and am actually much more of a savory breakfast person. I actually did have plans to make the Banana Rabanada (Brazilian French Toast) this morning but my husband forgot the baguette on his desk at work. I guess I'll make it another day! Some other dishes I have made and loved where the Samosa Mashed Potato Pancakes, Chesapeake Tempeh Cakes and the Mushroom Gravy. I made the Chesapeake Tempeh Cakes for some of my omni friends and they couldn't get enough of them. I ate the mushroom gravy this morning with my scramble and am using the leftovers in my greenbean casserole. Over all this is a great book that I would recommend to anyone who loves breakfast. This book is great because although many cookbooks have breakfast sections none have the focus and devotion to breakfast items like Vegan Brunch.

I'm so excited Vegan Brunch is out! It's bright and colorful with tons of mouth-watering pictures and innovative, grocery store friendly recipes that will make you want to get up early on Sunday and make a huge breakfast for the whole neighborhood. Here's what I've tried so far and LOVED:

- Chesapeake Tempeh Cakes - these are crazy good and will turn anyone into a tempeh lover
- Omelets - You'll have to seek out black salt for these, but trust me, it is worth it!
- Scrambled Tortillas - a perfectly spicy Mexican breakfast with potatoes and corn tortillas
- Classic Broccoli Quiche - the secret ingredient is cashews, which make it uber creamy and delicious
- Gingerbread Waffles - easy and perfect for a Sunday morning
- Lemon Pepper Tofu - quick and easy, it's my go-to tofu recipe
- Blueberry Ginger Spelt Muffins - a sweet hearty muffin you'll want to take to work with you everyday
- Tomato Rosemary Scones - taste really fancy, but only take a few minutes to throw together. I promise you will love these, too!

Vegan Brunch is such a winner, which is funny, because I've never been a fan of brunch. I own all of Isa's other cookbooks, and I love all of them, but I wasn't interested in this one. I decided to get it, because I needed another item to get free shipping. The first thing we made were waffles, which had the most amazing texture. I even used the batter to make pancakes, and they turned out to be the fluffiest pancakes I have ever had. I then had to use our wedding money to invest in a great waffle iron, because now I have a reason. The buckwheat pancakes were the best pancakes either of us have ever had (my husband makes pancakes all the time, so we have a lot of samples to compare them to). THE SCONES... sooo good. Amazing really. My husband made them using apples, and they were out of this world. They didn't even have that weird beany taste that all gluten free baked items seem to have. We got the book toward the end of last month and have used it 5 times. That's pretty good for us! Anyway, Isa's awesome.

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